ABSTRACT OF THE DISCLOSURE

Disclosed is a prodrugs of the formula:

where A is a sulfur or a selenium, and R is derived from a mono- di- or oligo- saccharide.

Also disclosed is a prodrug of the formulas;

where A is sulfur or selenium, R' is derived from a sugar and R' has the formula $(CHOH)_nCH_2OH$, where n is 1 to 5, or R' is an alkyl or aryl group, or R' is =O, and the R" groups may be the same or different and may be hydrogen, alkyl, alkoxy, carboxy.

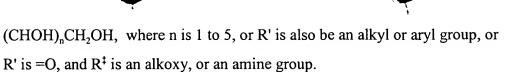
Also disclosed is a conjugate of an antioxidant vitamin and a thiolamine or selenolamine.

Also disclosed is a prodrug of the formula;

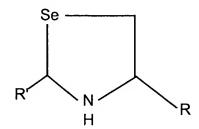
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where A is sulfur or selenium, and R' is derived from a sugar and R' has the formula



Also disclosed is a prodrug of the formula:



R is COOH or H, and R' is derived from a sugar and R' has the formula (CHOH)_nCH₂OH, where n is 1 to 5, or R' is an alkyl or aryl group, or R' is =0.